

**Daily Schedule-Beginners 1 Class**

| <b>TIME</b> | <b>MONDAY</b>                      | <b>TUESDAY</b>                     | <b>WEDNESDAY</b>                   | <b>THURSDAY</b>                    | <b>FRIDAY</b>                      |
|-------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|
| 8:00-8:45   | Arrival/Free play                  | Arrival/Free play                  | Arrival/Free play                  | Arrival/Free play                  | Arrival/Free play                  |
| 8:45-9:10   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   |
| 9:10-9:25   | Morning Snack                      | Morning Snack                      | Morning Snack                      | Morning Snack                      | Morning Snack                      |
| 9:25-9:40   | Welcome Activity                   | Welcome Activity                   | Welcome Activity                   | Welcome Activity                   | Welcome Activity                   |
| 9:40-10:00  | Circle Time & Art                  | Circle Time & Art                  | Circle Time & Art                  | Circle Time & Art                  | Circle Time & Art                  |
| 10:00-10:15 | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   |
| 10:15-10:25 | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       |
| 10:25-10:50 | Recess<br>(indoors or outdoors)    | Recess<br>(indoors or outdoors)    | Recess<br>(indoors or outdoors)    | Recess<br>(indoors or outdoors)    | Recess<br>(indoors or outdoors)    |
| 10:50-11:00 | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       |
| 11:00-11:10 | Yoga                               | Yoga                               | Yoga                               | Yoga                               | Yoga                               |
| 11:10-11:20 | Bathroom/Diapers<br>Hand washing   | Bathroom/Diapers<br>Hand washing   | Bathroom/Diapers<br>Hand washing   | Bathroom/Diapers<br>Hand washing   | Bathroom/Diapers<br>Hand washing   |
| 11:20-11:45 | Lunch                              | Lunch                              | Lunch                              | Lunch                              | Lunch                              |
| 11:45-11:55 | Bathroom/Diapers                   | Bathroom/Diapers                   | Bathroom/Diapers                   | Bathroom/Diapers                   | Bathroom/Diapers                   |
| 11:55-12:05 | Dismissal for half day<br>students | Dismissal for half day<br>students | Dismissal for half day<br>students | Dismissal for half day<br>students | Dismissal for half day<br>students |
| 12:05-12:30 | Quiet Time/Books on<br>Mats        | Quiet Time/Books on<br>Mats        | Quiet Time/Books on<br>Mats        | Quiet Time/Books on<br>Mats        | Quiet Time/Books on<br>Mats        |
| 12:25-2:40  | Nap Time                           | Nap Time                           | Nap Time                           | Nap Time                           | Nap Time                           |
| 2:40-2:55   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   |
| 2:55-3:10   | Afternoon snack                    | Afternoon snack                    | Afternoon snack                    | Afternoon snack                    | Afternoon snack                    |
| 3:10-3:50   | Art Enrichment & Free<br>Play      | Science Enrichment                 | Music<br>Enrichment                | Little Engineers<br>Enrichment     | Gym<br>Enrichment                  |
| 3:50-4:00   | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       |
| 4:00-4:25   | Recess<br>(indoors or outdoors)    | Recess<br>(indoors or outdoors)    | Recess<br>(indoors or outdoors)    | Recess<br>(indoors or outdoors)    | Recess<br>(indoors or outdoors)    |
| 4:25-4:35   | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       | Practice<br>Self Help Skills       |
| 4:30-4:45   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   | Diapers/Bathroom/<br>Handwashing   |
| 4:45-5:00   | Fine Motor Activities              | Fine Motor Activities              | Fine Motor Activities              | Fine Motor Activities              | Fine Motor Activities              |
| 5:00-5:45   | Extended Care                      | Extended Care                      | Extended Care                      | Extended Care                      | Extended Care                      |

