

Daily Schedule-Beginner's Class

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-9:00	Arrival/Free play	Arrival/Free play	Arrival/Free play	Arrival/Free play	Arrival/Free play
9:00-9:15	Welcome Activity	Welcome Activity	Welcome Activity	Welcome Activity	Welcome Activity
9:15-9:30	Morning Snack	Morning Snack	Morning Snack	Morning Snack	Morning Snack
9:30-9:45	Bathroom/Diapers Hand washing	Bathroom/Diapers Hand washing	Bathroom/Diapers Hand washing	Bathroom/Diapers Hand washing	Bathroom/Diapers Hand washing
9:45-10:00	Circle Time	Circle Time	Circle Time	Circle Time	Circle Time
10:00-10:15	Art	Art	Art	Art	Art
10:15-10:30	Practice Self Help Skills	Practice Self Help Skills	Practice Self Help Skills	Practice Self Help Skills	Practice Self Help Skills
10:30-10:55	Recess (indoors or outdoors)	Recess (indoors or outdoors)	Recess (indoors or outdoors)	Recess (indoors or outdoors)	Recess (indoors or outdoors)
10:55-11:00	Practice Self Help Skills	Practice Self Help Skills	Practice Self Help Skills	Practice Self Help Skills	Practice Self Help Skills
11:00-11:15	Yoga	Yoga	Yoga	Yoga	Yoga
11:15-11:45	Lunch	Lunch	Lunch	Lunch	Lunch
11:45-12:00	Bathroom/Diapers Hand washing	Bathroom/Diapers Hand washing	Bathroom/Diapers Hand washing	Bathroom/Diapers Hand washing	Bathroom/Diapers Hand washing
12:00-12:30	Quiet Book Time on Mats	Quiet Book Time on Mats	Quiet Book Time on Mats	Quiet Book Time on Mats	Quiet Book Time on Mats
12:30-2:30	Nap Time	Nap Time	Nap Time	Nap Time	Nap Time
2:30-2:45	Bathroom Hand washing Diapers	Bathroom Hand washing Diapers	Bathroom Hand washing Diapers	Bathroom Hand washing Diapers	Bathroom Hand washing Diapers
2:45-3:00	Afternoon snack	Afternoon snack	Afternoon snack	Afternoon snack	Afternoon snack
3:05-3:30	Recess (indoors or outdoors)	Recess (indoors or outdoors)	Recess (indoors or outdoors)	Recess (indoors or outdoors)	Recess (indoors or outdoors)
3:35-4:00	Art Enrichment	Science Enrichment	Music Enrichment	Little Engineers Enrichment	Gym Enrichment
4:00-4:30	Free Play	Free Play	Free Play	Free Play	Free Play
4:30-4:45	Bathroom Hand washing Diapers	Bathroom Hand washing Diapers	Bathroom Hand washing Diapers	Bathroom Hand washing Diapers	Bathroom Hand washing Diapers
4:45-5:45	Extended Care	Extended Care	Extended Care	Extended Care	Extended Care